

# Lower Back Pain

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## SCENAR Life – Information Document

Dr. John A. Hache DNM



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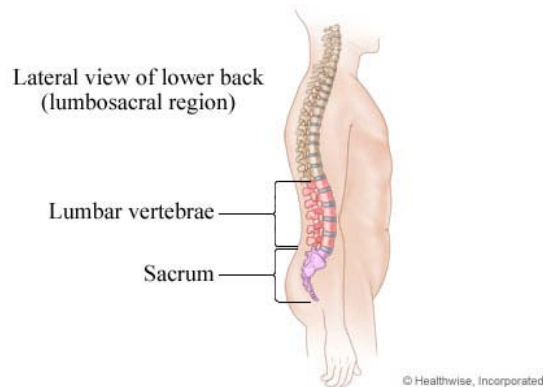
By Dr. John A. Haché DNM

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Over 52,000,000 people in North America suffer from back pain. The **SCENAR** has been shown to be extremely successful in solving all forms of lower back pain whether acute or chronic. The following testimonials are from ordinary people like you and I who were fortunate enough to discover the power of the **SCENAR**.

### What causes low back pain?

Low back pain is often caused by overuse, strain, or injury. For instance, people often hurt their backs playing sports or working in the yard, being jolted in a car accident, or lifting something too heavy.



### Testimonials

*“For several years I struggled with ongoing chronic back pain that left me with an inability to sit without producing greater pain and further aggravating my problems. I had sought help over the years from several different kinds of specialists and spent thousands of dollars in the process to resolve the problem. When I heard about the **Scenar** and some of the amazing results being achieved, I was cautiously optimistic and quietly excited. After only 4 treatments with Dr. John Hache, my pain level was drastically reduced and I was able to sit comfortably and at ease throughout the following day. This was a miracle to me - the miracle I had been waiting and hoping for”.*

Again, my sincere thanks

Warm regards

**Kathy**



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*In the fall of 2004, I was in a car accident that resulted in minor neck and back pain. To determine what the problem was and to receive relief from the pain, I visited the chiropractor. He took x-rays for insurance reasons and we saw that my neck had been slightly misaligned, an affect from the accident. He made some adjustments in my neck and back, but my neck only felt worse. He said that it would take a day or two for the pain to be gone. When, after a few days, the pain was still there, I returned and he adjusted it again because he found it had once again slipped out of alignment. This time we asked if he thought that work from the SCENAR could help with the pain, and with keeping the alignment in place. He thought it wouldn't hurt to try. So we contacted Rachel and she gave me a normal treatment, working on my neck especially, but with the regular settings. After only a few minutes of working on it, my pain was dramatically lowered, and by the end of the treatment, I felt better than normal, having no pain and total range of neck and back movement. She told me to drink water, water, water because that would get all of the toxins she just released out of my system. I did and after she treated me once again a few days later, I was completely recovered.*

**Kaytlin Favero**

*"I have been able to give up all pain medications and am in better health now than I was five years ago. When I have any little pain in back, I simply brush over the area with the SCENAR and get relief. I used to ride in wheelchairs at the airport but now I can push the wheelchairs!"*

**-Thomas Tucker**

